

KALIKAHPET



SPRAASNIKAM—SNUIKUUTEM

Port Graham Village Council hopes that everyone had a safe and joyous holiday!

We will be observing two holidays in the month of January. Vladimer Day is on the 13th and Martin Luther King Day is on the 16th. Our offices will be closed. The Post Office will have regular service on the 13th but will be closed on the 16th.

THANK YOU, SANTA!

The Coast Guard came bearing gifts of warm coats, hats, gloves and other winter apparel on December 19th at 1:00 p.m. Five distinguished men distributed large trash bags full of clothing and other items to the village members waiting on the beach. They had to make two trips to bring everything onto the beach, there was so much!! Josh and Felicia delivered everything to the center. The village council received this donation from the coast guard as a holiday gesture to help our village members, who are in need, stay warm this winter. Thank you to all the people who helped sort out and display the items donated. The adults and children alike were very happy and grateful to receive these heart warming gifts.



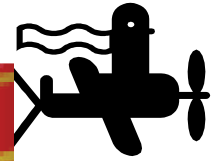
The Port Graham School students held their Christmas program at the school on December 21st at 6:30 p.m. Santa Claus distributed gifts to the students and all the younger children provided by the village council office. The village council received donations from several businesses and was able to purchase gifts and goodies to provide for the children at the program. Thank you to all the people and businesses that made this possible. The children were very happy to receive these goodies.

Ashlyn played a very good mouse!!

Malachi and Tyson performed awesomely too!



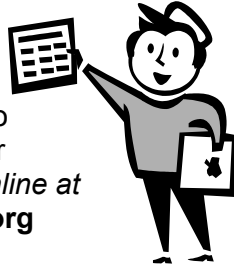
Community Events and Information



DO YOU HAVE INFORMATION FOR THE NEWSLETTER?

Do you have an announcement, news or an upcoming event you would like to include in the Port Graham Village Council's Newsletter, **Kalihakpet**?

Port Graham Village Council invites you to *submit* information to be considered for publication in our newsletter which can be viewed online at our website: www.portgraham.org



PORT GRAHAM LIBRARY COMPUTER

is available to find jobs with the State of Alaska Jobs site and to enroll in the State of Alaska Library system, and also to check emails and general research. If any of the rules are broken you will lose your privilege to use the computer.



**Village Council Library
Hours of Operation :**
9:00 – noon &
1:00– 4:00 pm

**SPEED
LIMIT
15**

KEEP IN MIND OUR SPEED LIMITS

The Speed Limit is 15 MPH on all roads except for the back road starting from Wayne Norman's intersection to the first street light before Duncan Heights Subdivision is 20 MPH.

**SPEED
LIMIT
20**

- REMEMBER -
Pedestrians have the right of way!

Fun Night!

Fun Night will be held at the Community Center Building from 7:00 p.m. until 9:00 p.m. Every Monday night folks of all ages are encouraged to come and have a little fun together like arts & crafts, games, and playing music!



! CRAFT NIGHT !

Craft Night (*formally "Women's Night"*) Is held on Thursday nights at 7 pm; We welcome anyone who are interested in sharing company, tea, their

hobby & laughs with others!



Please Come!
We'd love to see
you!

! REMINDER !

please remember
to pay your
water and sewer bill

outstanding accounts
will be scheduled
for shut-off

This is a submission by Olga Fomin:

Really Love Yourself

Loving yourself is the basis for all that is beautiful and meaningful in the human experience, and parenting is no exception. Simply put, because self-love is the basis of individual responsibility and joy, you cannot be a good parent if you don't love yourself. For it is through discovering how precious you are that you are able to have the courage and self-confidence that parenting requires; by loving yourself you will have an internal sense of wellbeing so that, rather than looking to your children for validation, you have your own identity. Loving yourself is the first step toward making room in your life for a new, little person, because you are then able to love your children for love's sake, rather than for what they can do for you.

What does it mean to love yourself as a parent? It means taking time for yourself daily, respecting yourself. Pampering yourself once in a while. It means learning about your unique talents and enjoying whatever makes your heart sing. It means sticking up for yourself when you know you need to. It's a daily process in which you come to know yourself as you are, forgive yourself for the not-so-loving parts you uncover, and finally, take whatever loving action is needed for your personal growth. When you love yourself you are able to admit your shortcomings, knowing that although things have not always been easy for you, you have done the best you can. When you love and accept who you are, you will not be afraid to grow, to learn, to change. You will feel alive and have the energy you need to enjoy and nurture your family. Because children learn by example, you are the greatest teacher of what loving yourself really means. Here's a story to illustrate:

Although Kris, age twenty-nine, felt guilty going back to college, she decided to follow her longing. The kids had to pitch in. They ate more fast food, had less money, and learned daily living skills earlier than some of their friends. At graduation, her children, eight and nine, walked across the stage hand in hand with their mom. Upon her receiving her diploma, the kids handed her a handmade card that said, "We are proud of you! We did it!" Think about the powerful, positive lessons Kris taught her kids by loving herself enough to follow her own heart; that success is possible, that success comes from teamwork, and that there is joy in pulling together.

If or when you find yourself feeling resentful toward your children, saying or thinking, "After all I do for you," it's time to sift the focus onto yourself. For when you are not true to yourself, instead of feeling love for your child, you soon start resenting him or her, and that wall of resentment is hard to take down. When you are not true to yourself, you feel out of balance and your day gets out of whack; you get angry more quickly and snap more. But when you take care of yourself, your children feel contentment in their bones.

Allow Them to Love Themselves

A little person who loves himself grows up to be a responsible adult, able to live life fully. High self-esteem is the best foundation for your children's future. Experts in child development tell us that when children have high self esteem they are able to learn and function better in school, they have friends, they feel connected with others, and they know they belong. They are competent, can make meaningful decisions, and are willing to try. They are optimistic, curious, and enjoy life. Loving one self develops true character that cannot be swayed by such things as peer pressure or the countless outside influences your child will surely face.

Helping your children accept themselves just as they are is what unconditional love is all about. So above all else, don't base your love on what they do, but rather simply on the fact that they exist.

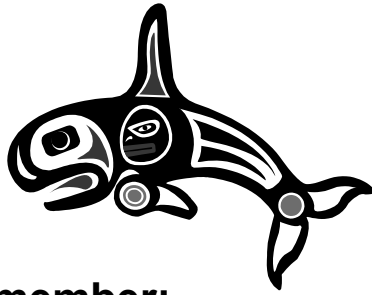
When Garret asked his dad, "What do you like about me?" his father answered, "You!" "What about me?" asked Garret. "What I like about you, Garret, is that you are you. I like you."

One day when my daughter, Manda, was in first grade, she came home from school and I asked her, "What did you do in school today?" "I can't tell you," she announced. "Why not?" "Because you'll get mad." Now, of course, I was more curious than ever. So I thought about it for a while then told her, "Manda, if you decide to tell me what you did in school today, I promise that if I get mad, I'll just go straight to my room." "You promise?" "Yup," I replied. "Well, today we had to write down who our best friend was... I didn't write down you, Mom." "Oh?" "I wrote down me. I just can't help it, I like me best! But I wrote you down second."

I was so pleased; I thought to myself, congratulations, you haven't ruined her yet. I was glad that she liked herself first and that she recognized her own value, because with this inner sense of self worth, I knew she would enjoy herself, her school, her friends, and her life.

When a little person finds herself through the miracle of self acceptance, her life becomes a self fulfilling journey; suddenly she's powerful enough to bravely cope with all the challenges and the ups and downs that life will bring. The bonus is, she learns to be compassionate toward herself, love for others is sure to follow.

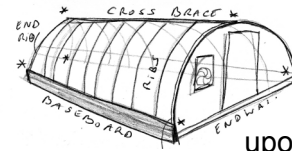
The Village Council encourages our tribal members to submit articles to be placed in this newsletter, thank you Olga, for this interesting article



Killer Whale Dates to Remember:

Jan. 02 No School / Day After New Years
Jan. 9—20 No School / Winter Break
Jan. 23 BACK TO SCHOOL!!

everyone how we can help them succeed “PORT GRAHAM STYLE” Come one, come all. The more family the better!



The Hoop House will be built as Spring comes upon us. Please

stay tuned as flyers will be coming out to when Martin Norman and the students will be getting together to build the hoop house for the community. Volunteers and extra hands will be needed and it will be a great time for sure as we all get together as a community to build great relationships and use math and science in a hands on manner.

PROJECT GRAD'S COLORING IT UP !

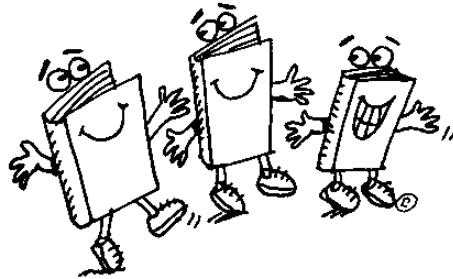
By Elizabeth Ukatish



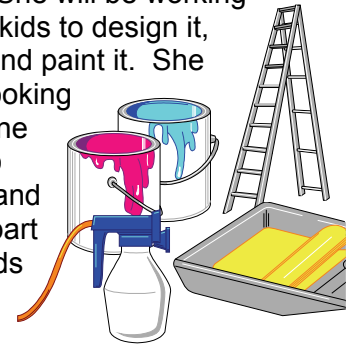
Happy 2012 from Project GRAD!

School has started again, we are on the home stretch to summer! The sun is coming back and great things are ahead of us this year.

We had some fantastic Family Culture Nights in 2011 with the Toys from the Past, and Stocking Decorating. All of this came to be such a success because of the great people who came to participate. In January is Math Night that will involve building racecars, and February will be a Literacy Night to celebrate reading.

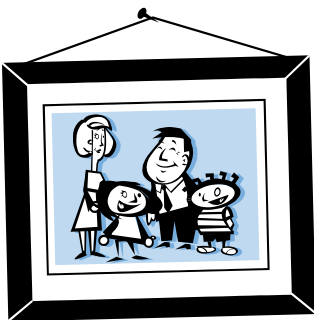


The school mural materials should be arriving if they are not already here. Thanks to Christalina volunteering! She will be working with the kids to design it, plan it, and paint it. She will be looking for anyone willing to give a hand and be part of the kids creative activity.

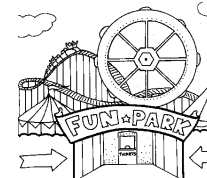


In December, the student council proposed that the middle school and high school students build a field trip to Kodiak. In the proposal they are looking to see their history, their present, and their future. Best of all, they are excited to want to bring what they learned on the trip back to the community. After the trip, there will be a presentation by the students about what they did, what they learned, and what they want to bring back to the school and their lives right here in Port Graham.

On May 5th, there will be a Project GRAD Spring Showcase at the Ninilchik Fairgrounds. This is a great time opportunity for the Project GRAD scholars to show their stuff for the communities. The tribes, schools, administrators, parents, family, friends, are all invited to see



In February, the high school students are requesting everyone to show up to the school on February 9th. There will be a door prize drawing for every adult who attends. It is a request to all community members, not just parents. Babysitting will be available and best of all, IT'S A POTLUCK. That's right, get out of dishes to spend more time with your local Project GRAD students. The kids will present to

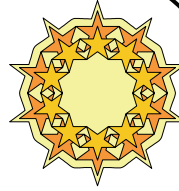


what all 7 of our Project GRAD sites have done through the year.

I look forward to meeting and spending time with the students and community this year in 2012!



St. Herman's Orthodox Church



Christmas Holiday Schedule:

Father Sergie Active will be here on January 5 and 6 to serve. Also, The Saint Innocent Academy will be here January 6 through January 11th to serve and follow the star to all the homes in Port Graham Village!

Everyone is invited to attend the Christmas Nativity Celebration of our lord Jesus Christ at St. Herman's of Alaska Orthodox Church and follow the star.



Please make your favorite holiday dish to share at the community potluck on January 7th at 2 pm, at the center.

- January 5 6:00pm Royal Hours Paramon and Typika With Father Sergie and Confessions after church service.
- January 5 9:30 am Vespers with 8 OT Readings and Divine Liturgy with Father Paisius—This service ends with singing in the middle of the church.
- January 6 6:00 pm Festal Great Compline and Festal Matins with Father Paisius
- January 7 10:00 am Christmas Divine Liturgy with Father Paisius Starring at Church and Homes..
- January 7 2:00 pm Christmas potluck at the community center
- January 7 6:00 pm Great Vespers/Litya and starring at Church and homes
- January 8 9:30 am Hours and Divine Liturgy and starring at Church and homes.

For more St. Herman Orthodox Church information, please contact Jeff McMullen at 284-2327.



The Saint Innocent Academy when they visited in April

PORT GRAHAMS RUSSIAN CHRISTMAS AND NEW YEARS CELEBRATION

Russian Christmas Staring will begin on January 7, through January 10, 2012.

Masking starts at 9:00pm on January 10th, 2012 if music is available thru the 14th. On January 14th masking stops at 11:30pm to go to St. Herman Orthodox church for a short New Years Readers Service.

New Years Play starts at 8:00pm on January 15th at the PG Community Center. Actors must arrive at 6:30pm to get ready!

Masking continues on January 16th thru January 19th.

Theophany is on January 20th with the Blessing of Homes and Businesses!

If you're interested in participating, call Lydia at 284-2327 for more info.

Looking back -way, way back...

This is a picture I found of another starring time. I do not know who all these people are, but I thought the memories would be fun for those of you who do...





LOCAL BOX HOLDER
 P.O. Box 55
 Port Graham, AK 99603

See us on the Web at:
www.portgraham.net

P.O. Box 5510
 Port Graham, AK 99603

PORT GRAHAM VILLAGE COUNCIL

**PORT GRAHAM
 VILLAGE COUNCIL
 MEMBERS:**

- **Patrick Norman,**
First Chief
- **Martin Norman,**
Second Chief
- **Agnes Miller,**
Secretary
- **Debbie McMullen,**
Treasurer
- **Stella Meganack,**
Member
- **Walter Meganack Jr.,**
Member
- **Olga Fomin,**
Member

**TELEPHONE DIRECTORY FOR
 EMERGENCIES**

RUBEN NORMAN: VPSO
 OFFICE: 284-2292
 HOME: 284-2363

Clinic: 284-2241
 Visiting Provider: 284-2295
 Darlene Anahonak: 284-2220
 Tanya McMullen: 284-2332
 Agnes I. Miller: 284-2229 &
 On Sundays 11-noon: 284-2320
 Behavioral Health 284-2247

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